

## 引言 INTRODUCTION

There are many things we do so naturally without even thinking. You can coordinate your hands and foot without much effort if you have driven for a few years. After you back your car in the driveway you instinctively close the garage door. But what if you close the door before you start your car? I ran into that situation five years ago. My family just moved in town. We rented a townhouse for a year. One evening I had to pick up my older son from sport practice. I asked my younger son to go with me. My car was parked outside. After I shut the door I realized that I forgot to bring my wallet and keys. It so happened that my wife was out of town. We were stranded outside my home! Fortunately, I had my phone. I quickly called a church family living nearby. They were so kind to let me use their car. After I picked up my older son, we drove a long way to Mississippi to borrow a spare key from the property manager. By God's grace, we made it back into our home later. Since then, I always check if I have my keys, phone and wallet before leaving home. There are many things we take for granted. When we turn on the faucet, we expect a stream of clean water. Do you ever thank God for water? I read an article when I was thinking what to preach about for Thanksgiving. The author suggested to preach on water. This resource is so basic but yet critical. Someone counted that water appears 722 times in the Bible! People living in the Biblical world surely knew that water was precious. I lived in Texas for six years. People cannot drink from the faucet because there is too much mineral in the tap water. You will still feel slimy after wash off the soap in a shower. Green-bean soup turns red after cooking. Those are just little troubles compared to people who struggle to get water on a daily basis in many parts of the world. Should we give thanks to God for water? Most definitely.

## 解釋 EXPLANATION

## 1. 維持生命的水 Life-Sustaining Water

First and foremost, we should give thanks to God for water because it is a life-sustaining resource. Water is present everywhere. Seventy percent of the earth is covered by water. Besides oceans and lakes, water is also locked up in glaciers. Our body weight includes sixty percent of water. Eighty percent of our brain is made up of water! Sometimes we ridicule people doing dumb things as if water has seeped into their brains. The fact is that we all have a lot of water in our head. Without a doubt, water is vital to our existence. Scientists have been searching for life in other planets. They look for at least two signs. First, they detect any communication signal using huge telescopes. The assumption is that aliens of high intelligence may be trying to contact us. Second, they check for trace of water. Researchers found water on Mars. But it exists in the form of ice. They have yet to find any life there. According to the Bible, water was one of the first things God made before He made Adam. God created light on day 1. On the next day, God collected water into the sky and formed the atmosphere. Then God gathered water into oceans to expose the land on day 3. When God put Adam in the Garden of Eden, He provided a source of water for Adam. Look at Genesis 2:10 – **A river flowed out of Eden to water the garden, and there it divided and became four rivers.** We find the names of two of the rivers in verse 14: **And the name of the third river is the Tigris, which flows east of Assyria. And the fourth river is the Euphrates.** People still call the two rivers the same names today. That made some archaeologists

believe that perhaps the Garden of Eden was located in the nowadays Iraq. That region later became the birth place for Babylon. Similarly, all the ancient empires were founded near major rivers in the world. Egypt was one of them. When the Israelites left Egypt, they were traveling on a very challenging journey. From Egypt to Canaan, they went across a desert. It was a test of their faith in God to supply food and water for over two million people. They grumbled three times to God when they did not have water to drink. They accused God for bringing them out of Egypt and allowed them to die of thirst. How easily it is for us to whine when we run into a problem? We do not want to suffer. We forget that God is leading us in a life expedition. But God kept watching over us, just like He provided for those ungrateful Israelites during that time. Moses testified to God's faithfulness in Deuteronomy 2:7 – **“For the Lord your God has blessed you in all the work of your hands. He knows your going through this great wilderness. These forty years the Lord your God has been with you. You have lacked nothing.”** God cared for His people even in the desert where water is limited. Water is critical to sustain population growth. No water, then no life. It is that simple. How does God supply water for us? In nature, water circulates from the earth surface to the air and back in the water cycle. Basically, the heat from the sun evaporates water from oceans and lakes, etc. Water vapors rise to the atmosphere and form clouds. When the ideal conditions are met, then water will fall back onto the ground as rain or snow. The heating and cooling effects also regulate the climate. God shows His wisdom in the process. As a result, He sustains life. Psalm 147:8-9 read: **8 He covers the heavens with clouds; he prepares rain for the earth; he makes grass grow on the hills. 9 He gives to the beasts their food, and to the young ravens that cry.** God nourishes the fields with rain. It produces grass for animals, and it further sustains the food chain. Farmers have water to irrigate their crops. Rain also replenishes the habitats for the aquatic lives. God is always faithful no matter what season we are in. Water does not come from the city government. It is from God. Next time when you see rain, give thanks to God for His provision. In fact, we need to thank God whenever we drink water. It hydrates our body and it sustains our life.

## 2. 潔淨生命的水 Life-Cleansing Water

Water does not only sustain life. It also has a cleansing effect. We use water to wash dishes and clothes, and clean our car and home. We also wash our face and hair, brush our teeth and take shower with water. It feels good to be clean. Our world is not only full of pollutants. It is also infested with sins. It requires a deeper cleansing. God exercised a macro-scale cleansing with water. Look at Genesis 6:12-13 – **12 And God saw the earth, and behold, it was corrupt, for all flesh had corrupted their way on the earth. 13 And God said to Noah, “I have determined to make an end of all flesh, for the earth is filled with violence through them. Behold, I will destroy them with the earth.”** God asked Noah to build a huge wooden boat. He then told Noah to bring a pair of every animal into the ark. God caused rain to fall for forty days and nights. A global flood thus submerged the earth for 150 days. God used water as a cleansing agent to judge the world of its wickedness. But God showed His grace by giving people time to repent when Noah was building the boat. Eventually, only the family of Noah was preserved. After the flood, God told Noah that He would never use water to destroy the world again. God put a rainbow in the sky as a sign. Today, whenever we see a rainbow, we should thank God for His promise. The ark symbolizes salvation through Jesus. Those who entered the ark were protected from the flood. Likewise, those who put their faith in Jesus will be saved from God's judgment. Jesus took the penalty of our sins on the cross. His blood cleanses us from all iniquities. The apostle John tells

us in 1 John 1:7 that: **But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin.** Those who have an eternal relationship with God walk in the light. People commit sin in darkness because they feel shameful when being exposed. In contrast, righteous conducts are done in light because those behaviors are admired. The Bible says Christians are children of light. Their sins have been cleansed by the blood of Jesus. At one time, I wondered how blood can cleanse things. It will only make the situation messier. Then I read an article that explains how blood cleanses the impurities in our body. We generate a lot of wastes through metabolism. Some of those trashes can turn toxic if they are piled up inside our body. When our heart beats, it supplies nutrients to organs and tissues through the blood. At the same time, the blood stream collects wastes. Our kidneys serve as sewage treatment plants. Among other functions, they filter about 50 gallons (or 200 liters) of blood every 24 hours. That is a huge amount of fluid! People suffer from serious kidney disease have to rely on dialysis for that function. A machine removes the wastes and circulate the blood back into their body. A more permanent solution is to receive a kidney transplant. Just like blood carries away the trash in our body, Jesus' blood removes our sins. The best part is that once Jesus cleanses us, our sins will forever be erased. It is just like the lyrics of the classical hymn "**Nothing But the Blood,**" which say: "What can wash away my sin? Nothing but the blood of Jesus. What can make me whole again? Nothing but the blood of Jesus. O! Precious is the flow, that makes me white as snow. No other fount I know. Nothing but the blood of Jesus." Jesus' blood is the only way for the forgiveness of sin. Have you been cleansed in Jesus' blood? Come to Him. Confess your sins. Jesus can make you clean. To our brothers and sisters: we should forever be thankful to Jesus for His salvation grace. God knows that we are prone to sin at any moment. His forgiving grace is always available. Admit to the Lord that you are sorry for what you have done. Then sincerely ask for His pardon. Picture that next time you wash your hands, wash your clothes or dishes or do whatever household cleaning. As you cleanse the grime and stain, think of how Jesus made you whole. Jesus' blood is more powerful than any earthly detergent. It is always effective and it will never expire.

### 3. 更新生命的水 Life-Renewing Water

We need to thank God for water because it is a life-sustaining and a life-cleansing agent. A third reason we should give thanks to God for water is because of its life-renewing characteristics. Do you still remember the long stretch of intense heat and dryness this past summer? We did not have a drop of rain for at least 10 days straight. Your grass turned yellow. It did not die completely but it stopped growing like animals hibernating in the winter. Many home-owners irrigated their lawn to keep it green. You may hear people complaining that their utility bills tripled in the summer because of the excessive uses of water and electricity. Perhaps you were one of them! Water in a desert can renew a dryland and turns it into an oasis. The Israelites are familiar with the situation. A physical thirst is a good analogy to a spiritual thirst. Psalm 63:1 describes such a condition: **O God, you are my God; earnestly I seek you; my soul thirsts for you; my flesh faints for you, as in a dry and weary land where there is no water.** This psalm is attributed to David. He got an inspiration when he thought of the wilderness. Perhaps it was the time when he was a shepherd boy. Or it could be the time when he was chased after by enemies. David uses his thirst for water as a description for his desire after God. He wanted to be assured that God was with him. David says in verse 3-5: **3 Because your steadfast love is better than life, my lips will praise you. 4 So I will bless you as long as I live; in your name I will lift up my**

hands. 5 My soul will be satisfied as with fat and rich food, and my mouth will praise you with joyful lips. Think about the time after you have enjoyed a big feast, perhaps it is your Thanksgiving dinner this week. You feel like your belly is about to burst. There is absolutely no room for dessert or fruit. Do you feel the same when you find God? Very often we think that we will not be happy until we have God plus something. Perhaps it is more money, a better job, a bigger house, a new car, a new dress or a big diamond. True contentment does not come from more stuff. It is a result of an eternal relationship with God. You know that you are completely accepted and forgiven by God regardless of the sins you committed. God will also provide for all that you ever need. He is enough. The beautiful song “Jireh” says: “You are Jireh, You are enough. Jireh, You are enough. And I will be content in every circumstance. You are Jireh, You are enough. Forever enough, always enough, more than enough.” The Hebrew word “Jireh” means to see. We find the word in Genesis 22. God put Abraham’s faith to an extreme test by asking him to sacrifice Isaac on an altar. At the end, God provided a ram in place of Isaac. Abraham called the place Jehovah-Jireh, which means the Lord will provide. God saw Abraham’s need, and He provided for it. He is a faithful God. Very often, our real need is not physical or relational in nature. You can feel lacking even when you have money in your bank account, food in your pantry and fridge, and clothes your closet. You may feel lonely even at a party with family and friends. Your deepest need is spiritual in nature. Jesus says in John 7:37-38 that: 37 On the last day of the feast, the great day, Jesus stood up and cried out, “If anyone thirsts, let him come to me and drink. 38 Whoever believes in me, as the Scripture has said, ‘Out of his heart will flow rivers of living water.’” The feast mentioned here was the Feast of Tabernacles. It was to remember God’s provision and protection when the Israelites were in the wilderness. As part of the ritual, the priests in Jesus’ days would draw water from the Pool of Siloam and poured it at the altar. Jesus compared the pouring of water to a living stream of water only He could provide. Only Jesus can quench the thirst in our soul. He welcomes anyone to come to Him and drink from Him like drinking from a flowing fountain. Jesus renews our life. Think about the time when you were away for vacation. Your plants at home desperately need water. Or think of the time after a vigorous exercise. You need to replenish water in your body. Just like water fulfill our physical thirst, Jesus meets our spiritual thirst. We need to thank Him for His renewing grace.

## 結論 CONCLUSION

Water sustains our life, cleanses our life and renews our life. We need to depend on God as much as we need to rely on a constant supply of water. God is the ultimate source of all of our blessings. He gives us an abundant life. Some people may not agree with that in this Thanksgiving season. Most people suffer from the impact of inflation. Things are just getting more expensive. One news article says this year some people may have pizza instead of turkey for Thanksgiving because it is more affordable. But no matter what will be on your dinner table this Thursday, you should give thanks to God. If we always remember to thank God for a small thing like water, I am confident that we will show appreciation to Him on anything.

## 引言 INTRODUCTION

有很多事情是我們不用思考就自然地去做的。如果你開過幾年車，你可以毫不費力地協調你的手和腳。當你把車退出車庫後，你會很自然地關門。但是，如果你在發動車子之前就關上門，那你會怎麼辦呢？五年前我遇到過這種情況。那時候我們家剛搬來，我們租了一個房子。有一天傍晚，我去接練完球的大兒子。我要求小兒子和我去。當時我的車停在外面。關上門後，我才發現忘了帶錢包和鑰匙。碰巧我的太太出城了。因此我們被困在家外！還好我拿了手機。於是我趕緊打電話給住在附近的一個教會家庭。他們很有愛心地讓我用他們的車。接了大兒子後，我們便開車到密西西比州，向物業經理借後備鑰匙。靠著神的恩典，結果我們安全地回到家。從那時起，每次我離開家之前總是會檢查有沒有帶鑰匙、手機和錢包。有很多事情我們看為是理所當然的。當我們打開水龍頭時，我們期望有乾淨的水流出來。你有沒有為過水而感謝神？當我在思考感恩節的信息時，我看了一篇文章。作者建議用水作為感恩的主題。這個資源是如此基本但又關鍵。有人數過，水在聖經中出現了 722 次！生活在聖經世界的人肯定知道水是珍貴的東西。我在德克薩斯州住了六年。那邊的居民不能直接喝水龍頭的水，因為裡面的礦物質太高了。在洗完澡之後，你仍然會覺得全身滑滑的，好像肥皂還沒有沖掉。綠豆湯煮完後會變紅色。這些只是一點點小麻煩而已，不能與世界許多地方的人每天都在努力找水相比。我們應該為水而感謝神嗎？當然需要。

## 解釋 EXPLANATION

### 1. 維持生命的水 Life-Sustaining Water

首先，我們應該為水感謝神，因為它是維持生命的資源。水無處不在。地球的百分之七十被水覆蓋。除了海洋和湖泊，水也被儲存在冰川中。我們的體重有百分之六十是水。我們大腦有百分之八十是由水組成的！有時我們嘲笑別人做愚蠢的事情，好像水進了他們的腦袋。事實是，我們的腦袋裡有很多水。毫無疑問，水對我們的生存至關重要。科學家們一直在尋找其他星球上的生命。他們觀察至少兩個跡象。首先，他們使用巨型的接收器探測通信的信號。其中的假設是高度智慧的外星人可能正試圖聯繫我們。其次，他們尋找水的痕跡。研究人員在火星上發現了水，但那裡的水是以冰的形態出現。人們還沒有在那裡找到任何生命。根據聖經，水是神在創造亞當之前首先創造的東西之一。神在第一天創造了光。第二天，神將水收集到天空中，形成了大氣層。然後神在第三天將水聚集到海洋中，露出陸地。當神把亞當放在伊甸園裡面時，祂為亞當提供了水源。請看創世記 2:10 – **有河從伊甸流出來，滋潤那園子，從那裏分為四道。**我們在第 14 節找到其中兩條河的名稱：**第三**

道河名叫底格里斯，流在亞述的東邊。第四道河就是幼發拉底河。時至今日，我們仍然保留這兩條河的名稱。這讓一些考古學家認為，伊甸園或許曾經是在今天的伊拉克。該地區後來成為巴比倫的誕生之地。同樣，所有古代帝國都建立在世界主要的河流附近。埃及就是其中之一。當以色列人離開埃及時，他們踏上一段艱巨的旅程。從埃及到迦南，他們穿過沙漠。為超過兩百萬人提供食物和水是對神信心的考驗。當他們沒有水喝時，他們向神抱怨了三次。他們指責神將他們帶出埃及並讓他們渴死。當我們遇到問題時，我們很容易埋怨。我們不想受苦。我們忘記了神要帶領我們作探索的旅程。但神一直在看顧我們，就像祂那時照顧那些忘恩負義的以色列人一樣。摩西在申命記 2:7 中見證了神的信實：「因為耶和華－你的神在你手裏所辦的一切事上已賜福與你。你走這大曠野，他知道了。這四十年，耶和華－你的神常與你同在，故此你一無所缺。」就算在水源有限的沙漠中，神也關心祂的子民。水對於維持人口增長至關重要。沒有水，就沒有生命。就是這麼簡單的道理。神如何為我們供應水？在自然界中有水的循環。水從地面上到空中，然後又回到地面。來自太陽的熱量會蒸發海洋和湖泊的水。水蒸氣上升到大氣中便形成雲。當條件充分時，水便以雨或雪的形式降下來。加熱和冷卻效果也調節氣候。神在這個過程中顯示了祂的智慧。結果，神維持了生命。詩篇 147:8-9 說：8 他用雲遮天，為地降雨，使草生長在山上。9 他賜食給走獸和啼叫的小烏鴉。神用雨水滋潤大地，使草生長，為動物提供食物，以維持食物鏈。農民有水來灌溉莊稼。雨水也補充了水生動物的生活環境。無論我們在什麼季節，神總是信實的。水不是來自市政府，它是來自神。下次你看到下雨時，你要感謝神的供應。事實上，我們每次喝水時都需要感謝神。它滋潤我們的身體，維持我們的生命。

## 2. 潔淨生命的水 Life-Cleansing Water

水不僅維持生命。它也有潔淨的功效。我們用水洗碗和洗衣服，清潔汽車和家居。我們還用水洗臉和洗頭髮、刷牙和洗澡。乾淨的感覺真好。我們的世界不僅充滿了污垢，而且也被罪污染。它需要更徹底的潔淨。神曾經用水進行廣泛的潔淨。看看創世記 6:12-13 – 12 神觀看世界，見是敗壞了；凡有血氣的人在地上都敗壞了行為。13 神就對挪亞說：「凡有血氣的人，他的盡頭已經來到我面前；因為地上滿了他們的強暴，我要把他們和地一併毀滅。」神叫挪亞造一隻巨大的木船。然後祂告訴挪亞帶一對各種類的動物進入方舟。神使雨下了四十晝夜。一場全球性的洪水因此淹沒了地球 150 天。神用水作為清潔劑來審判世界的罪。但是，當挪亞製造方舟時，神給人時間來悔改，顯示出祂的恩典。結果，只有挪亞一家被保存下來。洪水過後，神告訴挪亞，祂不會再用水來毀滅世界。神在天空中放了一道彩虹作為標誌。今天，每當我們看到彩虹，我們都應該感謝神的應許。方舟象徵著耶穌的救贖。那些進入方舟的人受到保護。同樣，那些相信耶穌的人也會免受神的審判。耶穌在十字架上承擔了我們罪的刑罰。祂的寶血洗淨我們一切的罪。使徒約翰在約翰一書 1:7 告訴我們：我們若在光明中行，如同神在光明中，就彼此相交，他兒子耶

耶穌的血也洗淨我們一切的罪。那些與神有永恆關係的人會在光中行走。人們在黑暗中犯罪，因為他們在被暴露時便感到羞恥。相反，公義的行為是在光明中進行的，因為那些行為是令人羨慕的。聖經說基督徒是光明的子女。他們的罪已經被耶穌的寶血潔淨。我曾經懷疑血液怎能夠有潔淨的效果，只會越洗越髒。後來我讀了一篇文章，解釋血液如何潔淨我們體內的污垢。新陳代謝會產生很多廢物。如果其中一些垃圾堆積在我們的體內，它們會變成有毒的。當我們的心臟跳動時，血液供應養分給器官和組織。同時，血液收集廢物。我們的腎臟充當污水處理廠。除其他功能之外，它們每 24 小時過濾約 50 加侖（或 200 公升）的血液。那是很多的液體！患有嚴重腎病的人必須依靠洗腎來達到這一項功能。機器除去廢物並將血液循環回到病人的身體。更永久的解決方法是接受腎臟移植。就像血帶走我們身體裡的廢物一樣，耶穌的血除去了我們的罪。最美的地方是，一旦耶穌潔淨了我們，我們的罪就永遠被清除掉。就像古典讚美詩《**惟靠主耶穌的寶血**》中的歌詞所說的：我罪怎能得洗淨？惟靠主耶穌的寶血；我心怎能得完全？惟靠主耶穌的寶血。主寶血當頌揚，洗我罪免死亡；此活泉世無雙，惟有主耶穌的寶血。耶穌的血是赦罪的唯一途徑。你有沒有被耶穌的寶血所潔淨？你要來到祂面前，承認你的罪。耶穌可以使你得潔淨。至於我們的弟兄姐妹：我們應該永遠感謝耶穌的救贖恩典。神知道我們隨時都容易犯罪。祂的赦罪恩典隨時隨在。你要為你所做的事感到羞愧，並向主認罪，然後真誠地請求祂的原諒。下次你洗手、洗衣服或洗碗或做任何家庭清潔時可以想像一下。當你把污垢洗淨時，想想耶穌是如何使你得潔淨。耶穌的寶血比任何世上的清潔劑都更利害。它總是有效的，並且永遠不會過期。

### 3. 更新生命的水 Life-Renewing Water

我們需要為水感謝神，因為它是維持生命和潔淨生命的媒介。我們應該為水感謝神的第三個原因是因為它具有更新生命的特質。你還記得今年夏天長時間的高溫和乾旱嗎？我們至少連續 10 天沒有下一滴雨。你的草變黃了。它並沒有完全死去，而是像冬天冬眠的動物一樣停止生長。許多屋主澆水使草坪保持綠色。你可能聽到人們抱怨水電費增加了兩倍，因為他們過度用水和電。也許你就是其中的人！沙漠中的水可以更新旱地並將其變成綠洲。以色列人很熟悉這種情況。身體的乾渴可以比喻靈魂的乾渴。詩篇 63:1 描述：**神啊，你是我的神，我要切切地尋求你，在乾旱疲乏無水之地，我渴想你；我的心切慕你。**這首詩是大衛的作品。他從曠野得到靈感。也許他回想他還是個牧童的時候，或是他被敵人追殺的時候。大衛用他對水的渴望來形容他對神的渴望。他想要確定神與他同在。大衛在第 3-5 節說：**3 因你的慈愛比生命更好，我的嘴唇要頌讚你。4 我還活的時候要這樣稱頌你；我要奉你的名舉手。5-6 ...我的心就像飽足了骨髓肥油，我也要以歡樂的嘴唇讚美你。**想一想你飽餐一頓後的感覺，也許是在你本週的感恩節晚餐。你感覺你的肚子快要裂開了，絕對沒有空間吃甜點或水果。當你尋找到神之時，你有同樣的感覺嗎？很多時候，我們認為除非我們有了神再加上別的東西，我們才會快樂。也許是更多的錢、

更好的工作、更大的房子、新車、新衣服或鑽戒。真正的滿足不是來自更多的東西，乃是與神建立永恆關係的結果。你知道無論你犯了什麼罪，你都被神完全接納和饒恕。神也會供應你所需要的一切。有了神就足夠了。優美的詩歌《以勒》的歌詞說：祢就是以勒，有了祢就足夠了。以勒，有了祢就足夠了。我在任何情況下都感到滿足。祢是以勒，有了祢就足夠了。永遠足夠，常常充足，綽綽有餘。希伯來文「以勒」的意思是看見。這個用詞出現在創世記第 22 章。神要求亞伯拉罕在祭壇上獻上以撒，藉此考驗亞伯拉罕對神的信心。結果，神用一隻公羊代替以撒。亞伯拉罕稱那地方為耶和華以勒，意思是耶和華必有預備。神看到並且供應亞伯拉罕的需要。祂是信實的神。很多時候，我們真正的需要不是物質上或是關係上的。就算你的銀行戶頭裡有錢，儲藏室和冰箱裡有食物，衣櫥裡有衣服，你也會感到缺乏。與家人和朋友相聚，你也可能會感到孤單。你最深層的需要是靈裡面的。耶穌在約翰福音 7:37-38 說：37 節期的末日，就是最大之日，耶穌站着高聲說：「人若渴了，可以到我這裏來喝。38 信我的人就如經上所說：『從他腹中要流出活水的江河來。』」這裡所說的節期是住棚節，那是記念以色列人在曠野時神的供應和保護。在耶穌的年代，作為儀式的一部分，祭司會從西羅亞池子中打水，然後倒在祭壇那裡。耶穌用倒出來的水比喻只有祂能供應的活水。唯有耶穌才能解決我們心靈的乾渴。祂歡迎任何人來到祂面前，從祂那裡喝活水，就像從泉源中喝水一樣。耶穌更新我們的生命。想想你外出度假的時，你家裡的植物迫切需要澆水。或者在劇烈運動後，你需要補充體內的水分。就像水可以滿足我們身體上的乾渴一樣，耶穌能滿足我們的屬靈乾渴。我們需要感謝祂更新生命的恩典。

## 結論 CONCLUSION

水維持我們的生命，潔淨我們的生命，更新我們的生命。我們需要依靠神，就像我們需要不斷依靠水的供應一樣。神是我們所有祝福的終極源泉。祂賜給我們豐盛的生命。雖然在這個感恩節期間，有些人可能不認同這一點。大部份人都受到通貨膨脹的影響。東西變得越來越貴。一則新聞報導說，今年有些人可能會在感恩節吃披薩而不是火雞，因為它比較便宜。但是無論這個星期四你的餐桌上有什麼，你都應該感謝神。如果我們常常記得為好像水這樣的小事情感謝神，我相信我們會在任何事情上向神感恩。