# HOW TO WIN THE RACE 如何在競賽中得勝 Philippians 腓立比書 3:12-17

**Phil. 3:7-8** But whatever things were gain to me, those things I have counted as loss for the sake of Christ. <sup>8</sup> More than that, I count all things to be loss in view of the surpassing value of knowing Christ Jesus my Lord, for whom I have suffered the loss of all things, and count them but rubbish so that I may gain Christ,

**腓立比書 3:7-8** 7 只是我先前以為與我有益的,我現在因基督都當作有損的。8 不但如此,我也將萬事當作有損的,因我以認識我主基督耶穌為至寶。我為他已經丟棄萬事,看作糞土,為要得著基督。

## I. DISSATISFACTION 不滿

v. **12a** Not that I have already obtained it or have already become perfect, ... (12上) 這不是說我已經得著了,已經完全了...

#### II. DEVOTION 熱誠

vv. 12b-13a ... but I press on so that I may lay hold of that for which also I was laid hold of by Christ Jesus. <sup>13</sup> Brethren, I do not regard myself as having laid hold of it yet; but one thing I do:

. . .

(12下-13上) ...我乃是竭力追求,或者可以得著基督耶穌所以得著我的。13 弟兄們,我不是以為自己已經得著了;我只有一件事...

#### III. DIRECTION 方向

**v. 13b** ... but one thing I do: forgetting what lies behind and reaching forward to what lies ahead,

(13下) ...我只有一件事,就是忘記背後,努力面前的*。* 

- A. Forget Past Grief 忘記過去的憂傷
- B. Forget Past Grudges 忘記過去的怨恨
- C. Forget Past Glory 忘記過去的榮耀
- D. Forget Past Guilt 忘記過去的罪疚

### IV. DETERMINATION 決心

- vv. 14-17 I press on toward the goal for the prize of the upward call of God in Christ Jesus. <sup>15</sup> Let us therefore, as many as are perfect, have this attitude; and if in anything you have a different attitude, God will reveal that also to you; <sup>16</sup> however, let us keep living by that same standard to which we have attained.
- <sup>17</sup> Brethren, join in following my example, and observe those who walk according to the pattern you have in us.
- 14 向著標竿直跑,要得神在基督耶穌裡從上面召我來得的獎賞。15 所以我們中間,凡是完全人總要存這樣的心;若在什麼事上存別樣的心,神也必以此指示你們。16 然而,我們到了什麼地步,就當照著什麼地步行。17 弟兄們,你們要一同效法我,也當留意看那些照我們榜樣行的人。